

Shinjuku Chuo Park

Recruiting Futsa ub_aMembe





Have you ever thought about playing futsal in Shinjuku, but don't know where to go? Do you want to make friends with Japanese people and other foreign residents? Shinjuku Chuo Park offers Japanese and foreign residents the chance

to enjoy playing futsal and make new friends as part of the multicultural living project program. Why not join in?





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Can first-timers and inexperienced persons join in?

Sure, anyone can join! Our practices always start with the basics.



Please tell us about the team.

We have eighteen members. I think one attractive quality of our team is that we come from various countries, such as the U.S., Ecuador, South Korea, Saudi Arabia, Vietnam, Mexico and Lebanon.



Please say a word to those thinking of joining.

I've seen many cases in which people feel tense at first at our club but wind up becoming friends and talking to each other easily by the end of practice. I think exercising warms up the body and also makes communication easier, drawing people closer to each other. Just observing is fine, by the way, so stop by and see how you like it!



How do you communicate with each other during practice?

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We use Japanese! Of course, we cannot say anything difficult. Members who are international students even speak Japanese to each other because it is good practice. When necessary, we also use some English. Please don't worry!



A Participant's Voice

I am so happy to play futsal in Shinjuku! It's also a good opportunity for me to practice speaking Japanese. Even though our club's members are from different countries and

Ali Haidar (from Lebanon, a student at a Japanese-language



speak different languages, we enjoy playing sports together.

school in Shinjuku)



How to Become a Member

No. of people: About ten

Activity days: First and third Wednesdays of the month, 4 to 6 p.m. Shinjuku Chuo Park, futsal facility, etc. Location:

Program:

· Regular practices

· Competition and friendly exchanges with other clubs and teams

· Checking universal design of the park facilities and considering improvement (once a year)

Conditions:

· Must be healthy and active

· Must be able to participate in at least a third of the year's activities; the universal design check is required

· Must follow the club's regulations

· Must pay membership fee

Fee:

How to apply:

International students: ¥1,200 per year; general adults: ¥2,000 per year and ¥500 per participation

Complete the club membership application form (Japanese/English) and bring it to the Shinjuku Chuo Park Maintenance Office along with your membership fee.

Note: The application form can be downloaded by using the QR code below, and is also available at the Park Maintenance Office and futsal facility.

Inquiries:

Multicultural Living Project Desk, Shinjuku Chuo Park Maintenance Office Managers: Ochiai and Arai Location: 2-11 Nishi-Shinjuku, Shinjuku-ku

Tel: 03-3342-4509, Fax: 03-3342-4510 (in Japanese)



